Visit the High Park Zoo
The Llama Pen is open every Saturday and Sunday and Labour Day (Sept. 2, 7, 8, 14, 15, 21, 22, 28 and 29) from 11 a.m. to 3 p.m. Feed the llamas for a $2 donation. Free activities including petting the rabbits, chickens and wallabies, feeding the capybaras, colouring and chalkling. The High Park Zoo is open daily from 7 a.m. to dusk.

Walking Tours
Sunday, Sept. 1:
“Myths and Legends.” Colborne Lodge staff recount the many myths and legends of High Park.
Time: from 10:30 a.m. to noon
Where: Meet at the benches across the road from the south side of Grenadier Restaurant in the middle of High Park.

Sunday, Sept. 15:
“Who Goes to the Park?” A poetic visit to sites from the well-known book.
Time: from 10:30 a.m. to noon
Where: Meet at the benches across the road from the south side.

Saturday, Sept. 28:
“Hawk-Watch.”
Time: from 10:30 a.m. to noon
Where: Meet at High Park Forest School, southeast of the park’s main entrance at Bloor St. and High Park Ave. (Weather permitting, all ages welcome).

Celebrate Grandparents’ Day in High Park - Sunday, Sept 8

Grandparents’ Day Walk
Leaving at 10:30 a.m. from the benches south of the Grenadier, an informative walk past the Children’s Garden, into Colborne Lodge for refreshments, walk continues to the Zoo, the Llama Pen has many extra activities to enjoy.
All participants will receive a free refreshment coupon for Grenadier Café or Sunnyside Restaurant.
Suggested donation of $5 per adult.

Fun at the Zoo
Visit the Llama Pen from 11 a.m. to 3 p.m. for special Grandparents’ Day activities:
Fire Truck, Storyteller, Silent Auction, Children’s Raffle, Redpath Sugar Truck and giveaways.

Colborne Lodge
In honour of Grandparents’ Day, Colborne Lodge is offering free admission to two seniors, accompanied by a child or youth 4 to 18 years old paying regular admission. Open 12 to 5 p.m.

www.highpark.org
The School Programs of High Park

High Park Nature Centre

Did you know that the High Park Nature Centre offers a wide range of affordable, curriculum-based outdoor environmental programs for elementary and secondary classes? Nature Centre programs are planned and led by our experienced and passionate green teachers in High Park’s rich natural setting to:

- Engage students in hands-on exploration of the natural world, including forest, wetland and savannah.
- Inspire appreciation and respect for High Park as an urban green space.
- Facilitate community-based stewardship for the sustainability of our local ecosystems.
- Develop understanding of ecological principles and human interactions with the natural world.

Teachers can choose from a wide range of seasonally-based, grade-appropriate fall, winter or spring programs. Themes include “Nuts about Seeds”, “Savannah Stewards”, “Grown in the Dirt”, “Urban Wildlife”, “Changing of the Leaves”, “Flood Study”, “Invasive Species”, “Comparing Ecosystems” and more! All programs educate in the environment, about the environment and for the environment. For more information or to book a program, call 416-392-1748, email naturecentre@highpark.com or visit highparknaturecentre.com.

Children’s Garden

The Children’s Eco Programs can help your class learn about and explore High Park’s unique urban wilderness. They provide a variety of curriculum-linked programs at the Children’s Garden, the Children’s Teaching Kitchen and along High Park’s trails and ravines. The programs provide students with hands-on experiential learning activities by gardening, cooking and exploring nature. Programs are for preschools through Grade 12.

The Children’s Garden is a thriving organic garden filled with a variety of heritage fruits, vegetables and pollinator attracting plants. Students help plant, maintain and harvest the garden while learning about everything from animal habitats and the cycle of nature to healthy eating and food security. Garden programs are half-day and are available May/June and September/October.

The Children’s Teaching Kitchen is a sustainably built straw bale building that is extremely energy efficient and a great place to cook! Programs at the Kitchen cover everything from cooking and nutrition to math and sciences. Baking is the perfect (and yummy) way to review fractions and the building is an excellent example of energy conservation. Half- and full-day programs at the Teaching Kitchen are available fall, winter and spring.

Exploring Toronto programs are a great way to learn more about the natural wonders that can be found within our great city. These hiking programs help your class explore nature and learn more about our environment and how to care for it. Hiking programs are available in High Park and along a number of Discovery Walk Trails throughout the city. Half- and full-day programs are available fall, winter and spring.

Cost is $5/student (cooking programs are $7.50/student) with a minimum fee of $60 ($75 for cooking) and run 1.5 to 2 hours. Full-day programs are $81 and run 4 hours. You can also combine half-day programs to create a full-day. For program brochures or more information, visit childrensecoprograms.ca, email kidsgrow@toronto.ca or call 416-338-5055.

High Park First Class

The High Park First Class programs are for preschools only and run 1.5 to 2 hours. Full-day programs are $11 and run 4 hours. Younger students will engage in hands-on ecological activities as they explore High Park’s rich natural setting. For more information on these programs, visit highparknaturecentre.ca/highpark-first-class.

Colborne Lodge

Colborne Lodge is the 1837 home of High Park founders John and Jemima Howard. The Lodge is now a museum containing many of the Howards’ original furnishings and John’s watercolours of 19th-century Toronto and High Park. It is an excellent educational resource for social studies, geography and community studies. The Lodge also offers a new program on High Park’s First Nations peoples incorporating the new curriculum expectations. Book at 416-392-6916. For information, visit the City Museums teacher database at toronto.ca/museums-teachers.

Grade 3

Rural Settlers in Early Toronto

Discover how the Howards interacted with the environment in their 19th-century home. Students compare and contrast the Howards’ lives with their own. The program (1 or 1.5 hours) includes making a beverage in the historic kitchen.

High Park Settlers Through the Seasons

Discover how settlers and their children lived, played and worked throughout the seasons. Participate in three separate 1.5-hour hands-on programs in the Howards’ 1837 home.

Grade 3 – 6

High Park through the Ages: From the Carrying Place and Beyond

Discover, compare and contrast the lives of High Park First Nations peoples and early settler inhabitants. (2 hours)

Grade 4

High Park Habitats

Learn how natural systems support life by exploring the Howards’ lives in their 1837 home. The program (1 or 1.5 hours) includes an object identification activity.

The Nature of High Park

Students observe plant and animal life and learn about the environment. (1 hour)

Christmas programs, Grades 2 – 6

Experience traditional Christmas celebrations that enchanted children in the 19th century by visiting decorated rooms and engaging in hands-on activities. The program (1 or 1.5 hours) includes a Christmas craft.

Regular prices, per student:
- 1 hour: $2.66 + tax
- 1.5 hour: $4.43 + tax
- 2 hour: $4.87 + tax

High Park Settlements Through the Seasons: $12

Christmas prices, per student
- Late November to December:
  - 1 hour: $4.43 + tax
  - 1.5 hours: $4.87 + tax

Participate! Volunteer!

Colborne Lodge

Colborne Lodge has a number of volunteer opportunities for adults and youths over 14 years. The Friends of Colborne Lodge Gardens is an adult volunteer group that maintains the 19th-century garden. Adults and youth volunteers at the Lodge’s special events and children’s camps. Phone: 416-392-4916 Email: clodge@toronto.ca

Friends of High Park Zoo

Volunteer at High Park Zoo to help with Community Events and Fundraising in the U RA Pan. Programming operates 80 days a year on weekends and holidays. We have Community Hours for students. This is a fun community activity and since February 2012 we have collected over $18,000 to operate the zoo. Please join us, Go to friendsofhighparkzoo@gmail.com

The Children’s Garden

Our volunteer activities often require some physical labour, much patience and a lot of enthusiasm. When volunteering with our programs it’s our goal to make sure you have fun and are excited to exchange for your energy and support we will offer you the opportunity to learn new skills, meet new people and get a little exercise! www.childrensecoprograms.ca/volunteers Email: lodges@toronto.ca

High Park Nature Centre

Do you love nature? Interested in working with kids? The High Park Nature Centre has many fun and engaging volunteer opportunities available, from teaching outdoor education programs toינג to bloggin. Please visit our volunteer webpage at highparknacentre.com/volunteer. For current volunteer opportunities with our Board of Directors, please visit highparknacentre.com/high-park-initiatives-nature-centre/volunteer opportunities.

Colborne Lodge

Colborne Lodge is the 1837 home of High Park founders John and Jemima Howard. The Lodge is now a museum containing many of the Howards’ original furnishings and John’s watercolours of 19th-century Toronto and High Park. It is an excellent educational resource for social studies, geography and community studies. The Lodge also offers a new program on High Park’s First Nations peoples incorporating the new curriculum expectations. Book at 416-392-6916. For information, visit the City Museums teacher database at toronto.ca/museums-teachers.

Grade 3

Rural Settlers in Early Toronto

Discover how the Howards interacted with the environment in their 19th-century home. Students compare and contrast the Howards’ lives with their own. The program (1 or 1.5 hours) includes making a beverage in the historic kitchen.

High Park Settlers Through the Seasons

Discover how settlers and their children lived, played and worked throughout the seasons. Participate in three separate 1.5-hour hands-on programs in the Howards’ 1837 home.

Grade 3 – 6

High Park through the Ages: From the Carrying Place and Beyond

Discover, compare and contrast the lives of High Park First Nations peoples and early settler inhabitants. (2 hours)

Grade 4

High Park Habitats

Learn how natural systems support life by exploring the Howards’ lives in their 1837 home. The program (1 or 1.5 hours) includes an object identification activity.

The Nature of High Park

Students observe plant and animal life and learn about the environment. (1 hour)

Christmas programs, Grades 2 – 6

Experience traditional Christmas celebrations that enchanted children in the 19th century by visiting decorated rooms and engaging in hands-on activities. The program (1 or 1.5 hours) includes a Christmas craft.

Regular prices, per student:
- 1 hour: $2.66 + tax
- 1.5 hour: $4.43 + tax
- 2 hour: $4.87 + tax

High Park Settlements Through the Seasons: $12

Christmas prices, per student
- Late November to December:
  - 1 hour: $4.43 + tax
  - 1.5 hours: $4.87 + tax

Participate! Volunteer!

Colborne Lodge

Colborne Lodge has a number of volunteer opportunities for adults and youths over 14 years. The Friends of Colborne Lodge Gardens is an adult volunteer group that maintains the 19th-century garden. Adults and youth volunteers at the Lodge’s special events and children’s camps. Phone: 416-392-4916 Email: clodge@toronto.ca

Friends of High Park Zoo

Volunteer at High Park Zoo to help with Community Events and Fundraising in the U RA Pan. Programming operates 80 days a year on weekends and holidays. We have Community Hours for students. This is a fun community activity and since February 2012 we have collected over $18,000 to operate the zoo. Please join us, Go to friendsofhighparkzoo@gmail.com

The Children’s Garden

Our volunteer activities often require some physical labour, much patience and a lot of enthusiasm. When volunteering with our programs it’s our goal to make sure you have fun and are excited to exchange for your energy and support we will offer you the opportunity to learn new skills, meet new people and get a little exercise! www.childrensecoprograms.ca/volunteers Email: lodges@toronto.ca

High Park Nature Centre

Do you love nature? Interested in working with kids? The High Park Nature Centre has many fun and engaging volunteer opportunities available, from teaching outdoor education programs to blogging. Please visit our volunteer webpage at highparknacentre.com/volunteer. For current volunteer opportunities with our Board of Directors, please visit highparknacentre.com/high-park-initiatives-nature-centre/volunteer opportunities.

High Park Stewards

Volunteer stewards work with the City of Toronto to protect and restore the remaining natural areas of High Park including the black oak savannah and related flora and fauna. Stewards meet on the 2nd and 4th Sundays of each month, except December from 10:30am-1pm in front of Grenadier Restaurant. Email: stewards@highparkontario.com Website: highparkontario.org

Walking Tours

Volunteers can host a walk or lead one. Should you have any fun ideas for new walks please let us know. Website: highparkontario.org

Community Service Hours for Schools

Students can complete Community Service Hours by participating in any of the High Park programs. Please contact the program of your choice through Highpark.org or directly at the address listed.

Parkdale-High Park Rotary Club

Feel free to drop by our weekly Rotary meeting. We meet Thursdays at 7:30pm (come at 7:15 to order breakfast) at the Grenadier Restaurant.

Phone: 416-707-4383 Email: RCParkdale@gmail.com Website: parkdalehighparkrotary.org
A HIGH PARK SUMMER
IS LIKE NO OTHER

There is no denying that High Park is a summer-time hotspot. People from all over the city make at least one trip here during the season, if not more. With so much to do and see, who could resist cooling off in the shade of one of North America’s largest city parks? High Park is a great place for birthday parties, community picnics, classes and even romantic picnics for two. It offers something for everyone: sports, summer camps, fitness, playgrounds, food, fishing, music and dancing. Check out more photos at snapbloorwest.com and make sure you visit High Park to experience the magic for yourself.

Event by Blair Woodward
Website code: poppy

The High Park Express will take you all over the park

Rita, Austin and Yosef are having a great time at the playground

Erin and Peter enjoy a romantic picnic

Rhys and Jeff take a lovely ride through the park

Raphael, Ana and Natalie celebrate Raphael’s birthday

These little girls performed traditional Albanian dancing in the park

Barbara, Irene and Cathy enjoy free yoga in High Park

Razat, Amanda and Emeljana grill up the eats
High Park’s Black Oak Savannah

Wildflowers, tall grasses and scattered oaks – to people familiar with High Park this may just seem like typical parkland, but it’s actually a globally rare Black Oak Savannah. Savannahs and tallgrass prairies once extended over much of the sandy plains of southern Ontario and into the northern states, but almost all of this habitat has disappeared with farming and development. High Park has one of the few remaining tracts in all of Ontario and even across North America. That’s why in 1989 the Ontario Ministry of Natural Resources designated 73 hectares (45%) of High Park as an Area of Special Natural Interest (ANSI), including the Black Oak Savannah.

Since the early 1990s, City staff and volunteers have been restoring and protecting this precious natural resource. Over the years a number of prescribed burns have been carried out to bring back the prairie grasses such as big bluestem, little bluestem, and Indian grass, and wildflowers such as wild lupine, and to encourage the natural regeneration of young oaks. The most effective of these restoration techniques has been the ongoing battle to control invasive weeds such as dog-strangling vine, garlic mustard and buckthorn, while some sections are fully cleared of unwanted vegetation and then replanted with locally sourced native species, including some grown right in the High Park Greenhouse.

All this hard work is paying off. Today the oak savannah is flourishing once again. High Park continues to support many locally rare plant species as well as a few that are regionally rare. But the whole is much more than the sum of its parts – this plant community provides habitat for a rich diversity of wildlife including many migrant and breeding birds, butterflies and other insects, and several mammals.

In effect, what we have here is a living museum. Each year many students and research scientists take advantage of this resource by conducting studies here, and others come to learn from our experiences with using different restoration techniques so they can apply them elsewhere. At the same time, for many people it is simply a place to observe nature and enjoy a peaceful retreat right in the middle of our busy city.

The restoration of the Black Oak Savannah has been supported over the years by hundreds of volunteers. Some participate in the High Park Natural Environment Committee, which has been advising the City of Toronto on the protection and restoration of the natural environment of High Park since 1993. Others provide hands-on assistance through the High Park Stewards (see below). In addition, these two groups have established High Park Nature to promote awareness and respectful enjoyment of the natural heritage of the park through initiatives such as the www.highparknature.org website. This website is loaded with information about the park’s wildlife and plant species, the rare Black Oak Savannah, Grenadier Pond and many other park features. It also includes the area’s geological origins, its more recent history, and ongoing restoration efforts. There are photo galleries, species checklists, resource documents and links to other useful sites, and new content is being added all the time. Check the home page frequently for upcoming volunteer events and walking tours, along with seasonal highlights and other news.

Submitted by High Park Nature Centre

FAMILIES FIND FAIRIES

The wonders that lie within High Park are endless, and on August 14th, children, with adults in tow, gathered at the High Park Nature Centre for a hike in search of mystical creatures. In preparation for the afternoon walk, participants discovered their very own fairy names and learned all the secrets of successfully spotting fairies and gnomes. Dousing wings and leaf garlands, it was smiles all around as nature lovers took to the park’s paths. While keeping a lookout for hiding fairies, everyone was given a collection bag to create their own fairy house upon arrival back at the nature headquarters.

Excited little fairies Juliet and Norah

Event by Stephanie Young
Website code: psaud7

Zohra and Hale are ready to meet High Park’s mystical creatures

Zohra and Hale are ready to meet High Park’s mystical creatures

Zohra and Hale are ready to meet High Park’s mystical creatures

Katja and baby Vincent start the hike

Katja and baby Vincent start the hike

代办,培植,体验! 孩子们,大人孩子们,大人们在High Park Nature Centre集合,将足迹留在自然的怀抱中。孩子们,大人孩子们,大人们在High Park Nature Centre集合,将足迹留在自然的怀抱中。”

代办,培植,体验! 孩子们,大人孩子们,大人们在High Park Nature Centre集合,将足迹留在自然的怀抱中。孩子们,大人孩子们,大人们在High Park Nature Centre集合,将足迹留在自然的怀抱中。